

COUNTRY INFORMATION

Lithuania

Lithuanian climate can be described as averagely mild. Summer in Lithuania is pleasant and quite warm with temperatures on average 20-22°C reaching up to 25-30°C. Summer is also the rainiest season of all (usually because of short afternoon thunderstorms). First half of the autumn is beautiful and colorful and the end of it can be grayish and rainy. Here winters can be rainy and usually snowy, the sky is grey, but on colder days (temperature lower than -7 °C) there is possibility to see the sun. In springtime there is less precipitation and more blue sky.

Time difference to GMT	Electric outlet	Religion	Language	Local currency
GMT +2	2 pins round	Christian	Lithuanian	Euro

Latvia

The seasons in Latvia are contrasting compared to each other. Pleasantly warm summer (average temperature is around 21°C) can also be rainy and humid. At the end of August, it gets colder and September brings autumn coolness. Autumn is colder and there is a possibility of seeing snow at the end of October. The Winters in Latvia can be cold and snowy (average January temperature is around -5 °C). Springtime here starts in March – it is getting warmer, nature starts to bloom, but there is still a possibility to see snow.

Time difference to GMT	Electric outlet	Religion	Language	Local currency
GMT +2	2 pins round	Christian	Latvian	Euro

Estonia

Estonia has a mid-latitude climate with the influence of the seaside. Seasons in Estonia are different and vary from freezing winter to vivid and sunny summer. The temperature in summer (average around 20°C) is mild and the weather is frequently sunny, still with some rainy and chilly moments. Days become shorter and darker in autumn, the weather becomes foggy and in the middle of the season increases the possibility of snow. Winters here are cold, usually windy with snow. In spring it becomes warmer, a cold period can come back, but for much shorter appearances.

Time difference to GMT	Electric outlet	Religion	Language	Local currency
GMT +2	2 pins round	Christian	Estonian	Euro

BUDGETING AND PACKING

Clothing

During summer it is important to have a few T-shirts, also comfortable trousers, a light jacket (best if it is waterproof). Same as traveling during transition seasons, however clothes must be warmer and shirts preferable with long sleeves. While traveling during the cold season bring warm clothes, layers that can be changed, added or removed. Be sure to have a comfortable pair of trousers, warm socks. Have a hat, a scarf and a pair of gloves – these things will warm you up.

Footwear

Comfortable shoes for walking and sandals or trainers for relaxing. If you're traveling in winter then it may be slippery underfoot, so please ensure that your footwear is waterproof and that it has a good grip.

Luggage

20 kg

Luggage on tour

One main piece of baggage and a daypack for personal items. Remember that you'll have to carry your own luggage so don't overload yourself.

Tipping

Tips are the accepted way of saying 'thank you' to your local guides and porters. They do not form part of their wages and any tips they receive are seen as a personal thank you from group members.

Tour leader

At your discretion you might also consider tipping your tour leader in appreciation of the efficiency and service you receive. Recommended amount of tip is 5-7 EUR per day during a group tour.

Restaurants and other services

It is customary to leave around 10% tip of the total bill for waitresses or bartenders, as well as for other services.

FOOD AND DRINKS

Lithuania, Latvia, Estonia

The price of a meal in higher class restaurants might be bigger than in fast food spots. Usually, it also depends on the area – places located in tourist attraction points can charge more, although restaurants and cafes a bit further from the city center will be less expensive.

You can expect to pay between 8-20 EUR for lunch, 15-35 EUR for dinner and 4-8 EUR for a pint of beer or glass of wine in all three countries.

Tap water is safe to drink in Lithuania, Latvia and Estonia, it is recommendable to carry your own reusable water bottle.

FOREIGN EXCHANGE

Lithuania, Latvia, Estonia

Local currency

Euros

Recommended Currency For Exchange

EUR, GBP or USD

Where To Exchange

US Dollars, GBP Sterling and Euros can be changed in most bank branches, shopping centers.

ATM Availability

Cash can be drawn from ATM's in most cities.

Credit Card Acceptance

Credit cards are generally accepted.

It is recommended to have some cash for small purchases, coffee stops, paid toilets, etc.

Travellers Cheques

Travellers' cheques are not always easy to exchange.

VACCINATIONS

Lithuania, Latvia, Estonia

Nothing compulsory, but we recommend protection against tetanus and hepatitis A. Tick-borne encephalitis vaccination is recommended by some medical sources if travelling in certain areas of Eastern Europe, at specific times of the year. Please check the latest requirements with your travel clinic or doctor prior to departure. The above is not an exhaustive list. Further information regarding vaccinations and travel health advice can be found from your local healthcare provider.

Visa and vaccination requirements are subject to change and should be confirmed by you before travelling.

INSURANCE

It is a condition of joining a trip with Travel Addicts that you have a valid insurance suited for your trip. It is your responsibility to arrange appropriate travel insurance and ensure you have read and understood the full terms and conditions of your travel insurance policy to ensure that you are covered for all activities you intend to undertake whilst on the tour, including all optional activities. Your Insurance Policy must fully cover you for medical expenses and emergency repatriation to your home country. Please ensure your policy includes medical emergency helicopter evacuation in the event of illness or injury and covers the entire duration of your holiday. Please ensure that you are covered for the full amount of your holiday cost, as insufficient cover could invalidate a claim under the policy.

We also strongly recommend that you take out holiday cancellation insurance, as all deposits paid are non-refundable. Please ensure that your insurer is aware of your Travel Addicts tour itinerary and can agree to cover the activities being undertaken.

WHY CHOOSE TRAVEL ADDICTS CLUB?

Travel Addicts Club Manifesto

We are the Travel Addicts and this is our Club.

Travelling energises us, wakes our curiosity, imagination and sensitivity. We travel to broaden our mindset and every time we come back a better person. Through travel we explore the exciting paths of life and we take responsibility to commit to giving back to our community that is the core of our Club. We always support other Travellers. We host them. We share our experience, knowledge, food, and good time. We give a lift. Through our experiences we seek to inspire you and invite you to co-create our Travel Addicts journey. Welcome to the Club - one pleasing addiction!

Responsible travel

Since the first steps of founding the company our key aspiration is to create a socially and environmentally responsible business and promote sustainable tourism in the Baltic States. We offer high quality services and create authentic travel experiences that contribute to the promotion of a sustainable lifestyle including the 3 pillars of sustainability: Socio-Cultural, Economic and Environmental.

To achieve these goals we constantly scrutinize each aspect of our business: how we operate our core business; how we design and run trips. Not only do we follow the guidelines and maintain standards, we are actively seeking ways to improve ourselves and make a positive impact.

More on our Responsible travel policy you can find here: <https://traveladdicts.lt/responsible-travel/>

Single use plastic

Ourselves, we do not use single-use plastics and we do not encourage anyone on our trips to use them.

